

U24HS101 – COMMUNICATION SKILLS

UNIT -2 – NARRATION

16 MARKS

1. Write a narrative about a time when you overcame a difficult challenge. Describe what happened, how you felt, and what you learned from the experience.

Answer:

Overcoming Challenges: My Public Speaking Journey

From a young age, I dreaded public speaking. The mere thought of standing in front of a crowd and addressing them made my palms sweat and my heart race uncontrollably. Yet, last year, I found myself facing this very challenge head-on. It was during my final year at school when our English teacher assigned a major presentation worth a significant portion of our grade. I knew this would be difficult, but little did I realize just how transformative the experience would be.

The weeks leading up to the presentation were filled with anxiety. Every time I thought about preparing, my mind was flooded with worries—What if I forgot my lines? What if I stuttered or appeared foolish? Despite this, I committed to practicing every day. I wrote out my speech, rehearsed in front of the mirror, and even presented to my family. Their encouraging smiles helped, but my fear lingered.

On the morning of the presentation, I woke up feeling physically ill. My stomach churned, and my hands trembled as I walked into the hall where the entire school was gathered. I was the fifth person to present, which meant waiting anxiously while others spoke. My mind raced, questioning my readiness.

When my turn arrived, I stepped onto the stage and looked out at the sea of faces. For a moment, my voice faltered, and I almost froze. But then I remembered all the preparation and the encouragement from my loved ones. I took a deep breath and began.

At first, my voice was shaky, but as I continued, I focused on the message I wanted to share rather than on my fear. I talked about a cause close to my heart—environmental conservation—and felt passionate as I spoke. I noticed some listeners nodding and even smiling. This connection gave me confidence.

By the end, I had delivered my entire speech without faltering, and the applause that followed was overwhelming. I felt a rush of relief and pride. This moment was a turning point. I realized that fear is natural, but it can be overcome with determination and preparation.

Beyond the presentation, this experience taught me resilience. I learned that challenges are opportunities for growth. It also boosted my self-esteem and sparked an interest in public speaking and advocacy. Now, I volunteer to speak at community events and even mentor younger students who share my initial fear.

In conclusion, facing the challenge of public speaking was daunting, but overcoming it has had a lasting positive impact on my confidence and outlook. It reminded me that courage is not the absence of fear but the decision to act despite it.

2. Write a narrative about a memorable journey you took. Describe the place, the people you met, and how the experience impacted you.

Answer:

A Journey to Remember: Discovering the Heart of the Mountains

Last summer, I embarked on a journey that changed the way I view the world. My family and I traveled to a remote mountain village that was far removed from the busy city life I was used to. The journey itself was an adventure—winding roads, breathtaking views, and the crisp mountain air filled with the scent of pine and earth.

Upon arriving, I was struck by the simplicity and warmth of the village. The houses were modest but well-kept, and the people greeted us with genuine smiles. We stayed with a local family who welcomed us as if we were long-lost relatives.

One day, while exploring the village, I met an elderly man named Tenzing. He was a storyteller and community leader. Sitting by the fire, he shared tales of the mountain's history, the traditions of the people, and their deep respect for nature. Listening to him, I felt connected to a culture so different from my own yet so rich in values.

The highlight of the trip was a community festival celebrating the changing of the seasons. The villagers dressed in colorful traditional clothes, sang songs, and danced. I was invited to join and was amazed by the sense of unity and joy among the people.

This journey opened my eyes to the importance of community, tradition, and living in harmony with nature. It inspired me to appreciate diversity and to seek experiences beyond my comfort zone.

In summary, the trip was not just a vacation but a life-changing experience that deepened my understanding of human connection and cultural heritage.

3. Write a narrative about a time you helped someone in need. Describe the situation, what you did, and how it affected both of you.

Answer:

An Unexpected Friendship: Helping a Stranger

One cold winter evening, as I was walking home from school, I noticed an elderly man struggling to carry heavy bags of groceries. His breath was visible in the chilly air, and he seemed exhausted. Without hesitation, I approached him and offered my help.

He gratefully accepted, and together we carried the bags to his nearby house. Along the way, he shared stories about his life—how he had lost his wife recently and lived alone. His loneliness was evident, and my heart went out to him.

Once inside, he invited me for a cup of tea. We talked for hours about family, memories, and the changing world. I realized that my simple act of kindness had led to an unexpected friendship.

Helping him taught me the value of empathy and human connection. It made me more aware of those around me and the small ways I could make a difference. For him, it meant company and reassurance that he was not forgotten.

This experience profoundly affected me, inspiring me to volunteer regularly at local shelters and support community programs. It showed me that kindness is powerful and contagious.

4. Write a narrative about an event that changed your perspective on life. Explain what happened and how it affected you.

Answer:

A Lesson in Gratitude: My Grandmother's Illness

When my grandmother fell seriously ill, it was a shock that deeply affected my family and me. She had always been the pillar of strength and joy in our lives, and seeing her frail and vulnerable was heart-wrenching.

I spent many days at the hospital, sitting by her bedside, holding her hand. During those quiet moments, I reflected on the time I had taken her presence for granted. I remembered all the times I had been impatient or distracted, not realizing how precious those moments were.

Her illness made me realize the fragility of life and the importance of cherishing loved ones. It taught me patience, compassion, and the value of being present.

After she recovered, I felt a renewed sense of gratitude and a desire to live more mindfully. I began expressing appreciation to family and friends more often and focusing on what truly matters.

This experience changed my outlook on life. It reminded me that time is limited and that love and kindness are the greatest gifts we can share.

5. Write a narrative about a surprising event that happened to you. Describe the event, your reaction, and the outcome.

Answer:

A Surprise in the Park: Finding a Lost Puppy

One sunny afternoon, while strolling through the local park, I noticed a small puppy wandering alone. It looked scared and hungry. I approached slowly, speaking softly to gain its trust. After a few moments, it came close, and I was able to pick it up.

I took the puppy home, gave it food and water, and cleaned it up. I posted notices around the neighborhood and on social media, hoping to find its owner.

During the week that followed, the puppy became a beloved companion, bringing joy and laughter into my home. When the owner was finally found, I felt a bittersweet mix of happiness and sadness.

This surprising event taught me about responsibility, compassion, and the unexpected ways kindness can enrich life.

6. Write a narrative about a time when you learned an important lesson. Describe the situation, what you learned, and how it changed you.

Answer:

Learning to Listen: A Lesson in Teamwork

During a school project, I was eager to lead and make all the decisions. I ignored my teammates' suggestions, believing my ideas were best. Unfortunately, our project suffered, and the teacher gave us a poor grade.

This failure was a wake-up call. I realized that success depends on collaboration and listening to others. I apologized to my team and made a conscious effort to involve everyone in future projects.

This lesson improved my teamwork skills and taught me humility and respect. It changed how I approach group work and relationships in general.